

We Claim:

1. A safety device for use with an upright structure and an anchor member, comprising:
 - a) an elongate member having a first end, a second end, and an intermediate portion;
 - b) a connecting member operatively connected to said elongate member proximate said first end, said connecting member extending outward from said elongate member and being configured and arranged to engage the upright structure;
 - c) a securing member operatively connected to said elongate member proximate said second end, said securing member being configured and arranged to extend around a portion of the anchor member, said connecting member and said securing member anchoring said elongate member thereby providing an anchorage point; and
 - d) a lifeline operatively connected to said elongate member, wherein said lifeline provides fall protection proximate the upright structure when said elongate member is anchored.
2. The safety device of claim 1, wherein said elongate member is a post.
3. The safety device of claim 1, wherein said connecting member is a hook.
4. The safety device of claim 1, wherein said securing member is a strap.
5. The safety device of claim 1, wherein said lifeline is a self-retracting lifeline.
6. The safety device of claim 1, further comprising a support member operatively connected to said intermediate portion of said elongate member, said support member being adjustable along said elongate member.
7. The safety device of claim 6, wherein said support member is a footrest.
8. A safety device for use with a concrete column form, the concrete column form including a top and a base, the top having an opening providing access into a cavity, comprising:
 - a) an elongate member having a first end, a second end, and an intermediate portion;

b) a connecting member operatively connected to said elongate member proximate said first end, said connecting member extending outward from said elongate member and is configured and arranged to be positioned through the opening and into the cavity of the concrete column form thereby engaging the top of the concrete column form;

c) a securing member operatively connected to said elongate member proximate said second end, said securing member being configured and arranged to extend around a portion of the base of the concrete column form, said connecting member and said securing member anchoring said elongate member to the concrete column form thereby providing an anchorage point; and

d) a lifeline operatively connected to said elongate member, wherein said lifeline provides fall protection for a user proximate the concrete column form when said elongate member is anchored to the concrete column form.

9. The safety device of claim 8, further comprising a support member operatively connected to said intermediate portion of said elongate member, said support member being adjustable along said elongate member.

10. The safety device of claim 9, wherein said support member is a footrest.

11. The safety device of claim 8, wherein said elongate member is a post.

12. The safety device of claim 8, wherein said connecting member extends downward from said elongate member.

13. The safety device of claim 12, wherein said connecting member is a hook.

14. The safety device of claim 8, wherein said securing member is a strap.

15. The safety device of claim 8, wherein said lifeline is a self-retracting lifeline.

16. A safety device for use with an upright structure including a top and an anchor member, comprising:

a) a post having a first end, a second end, and an intermediate portion;
b) a hook operatively connected to said post proximate said first end, said hook extending outward from said post and being configured and arranged to engage the top of the upright structure;

- c) a strap operatively connected to said post proximate said second end, said strap being configured and arranged to extend around a portion of the anchor member, said hook and said strap anchoring said post thereby providing an anchorage point; and
- d) a lifeline operatively connected to said post, wherein said lifeline provides fall protection proximate the upright structure when said post is anchored.

17. The safety device of claim 16, further comprising a support member operatively connected to said intermediate portion of said post, said support member being adjustable along said post.

18. The safety device of claim 16, wherein said lifeline is a self-retracting lifeline.

19. The safety device of claim 16, wherein said strap is secured with a ratcheting device.

20. A method of securing a safety device including a lifeline to a concrete column form, the concrete column form including a top and a base, the top having an opening providing access into a cavity, the safety device being secured from a level below the top of the concrete column form, comprising:

- a) placing a connecting member through the opening into the cavity of the concrete column form, the connecting member being operatively connected to a first end of an elongate member, the connecting member connecting the first end of the elongate member to the top of the concrete column form; and
- b) securing a strap operatively connected to the elongate member proximate a second end of the elongate member around a portion of the base of the concrete column form.

21. The method of claim 20, further comprising adjusting a support member slidably operatively connected to the elongate member along the elongate member.

22. The method of claim 20, further comprising tightening the strap around the portion of the base of the concrete column form with a ratcheting device.

23. A method of securing a safety device including a lifeline to an upright structure including a top, the safety device being secured from a level below the top of the upright structure, comprising:

- a) standing at the level below the top of the upright structure;
- b) placing a connecting member over the top of the upright structure thereby engaging the top of the upright structure with the connecting member, the connecting member being operatively connected to a first end of an elongate member, the connecting member connecting the first end of the elongate member to the top of the upright member;
- c) securing a strap operatively connected to the elongate member proximate a second end of the elongate member around a portion of an anchor member; and
- d) tightening the strap around the portion of the anchor member with a ratcheting device.

24. The method of claim 23, further comprising adjusting a support member slidably operatively connected to the elongate member along the elongate member.